

# ORENDA — THE BREATH WITHIN

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In Wendat tradition, Orenda is the vital energy that flows through all living things.

This ring was one of my first creations, shaped by intuition and guided by the spirit of movement.

Its spirals echo the breath of the earth and the quiet power that rises from within.

Wearing Orenda is to carry a reminder of inner strength, renewal, and connection to life's continual flow.

